

# COUNTY OF SUFFOLK



## COUNTY LEGISLATURE

**KATE BROWNING**  
County Legislator, 3rd District

Public Safety Committee, Chair

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**Media Advisory**  
April 30, 2015

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## **Suffolk County & Collaborators to Host Pregnancy and Postpartum Depression/Anxiety Events on May 1** *May is Perinatal Mood Disorders Awareness Month*

**Who:** **Legislator Kate Browning**, Suffolk County  
**Commissioner Dr. James Tomarken**, Suffolk County Department of Health Services  
**Sonia Murdock**, Executive Director of the Postpartum Resource Center of New York  
**Bridget Croteau**, Ms. Suffolk County America & Postpartum Resource Center Volunteer  
**Karen Kaplan**, Perinatal Educator, Good Samaritan Hospital  
**Deborah Rotunno**, President, Long Island Doula Association

**What:** The Postpartum Resource Center of New York will join with the Suffolk County Office of Women's Services, the Suffolk Perinatal Coalition and the Suffolk County Department of Health in hosting two free informational programs in celebration of Perinatal Mood Disorders Awareness Month in Suffolk County.

The first is a workshop for moms-to-be, moms, dads, family members, family supporters and the community is being offered entitled *This Isn't What I Expected: More than Just the Baby Blues*. The second is a free film screening of the critically acclaimed documentary *Dark Side of the Full Moon*. A group discussion will follow the screening.

**Why:** In 2009, County Legislator Kate Browning introduced legislation that was approved into law designating May as Perinatal Mood Disorders Awareness Month in Suffolk County. 4,000 Suffolk County families are affected each year and the community needs to be aware of this illness.

**When:** Press Conference - Friday, May 1 @ 9:30am.

Free programs begin at 10am.

**Where:** Touro Law Center, 225 East View Drive, Central Islip, NY

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