

SUFFOLK COUNTY LEGISLATURE



Office of Legislator Lynne C. Nowick

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Legislator Nowick and Energy Gym Announce the 2012 Walk/Run For Friends of Karen *Supporting Critical Ill Children*



Pictured at Energy Gym in St. James are from left: Michael Tucci, co-owner of Energy Gym; Angie Lavrenchik, trainer; Suffolk County Legislator Lynne C. Nowick; Nancy Mariano, regional director of Friends of Karen; Andrea Kaplan, volunteer at Friends of Karen; Daniel Moreno, trainer, Trevor Tucci, co-owner of Energy Gym; Patricia Conway, special events/community affairs coordinator; and Michael Fox, co-owner of Energy Gym.

(Smithtown, NY)...Suffolk County Legislator Lynne C. Nowick and the owners of Energy Gym, located in St. James, recently announced their support of the annual 5K Walk/Run for Friends of Karen on Saturday, May 5, (ages 11 and older). On Sunday, May 6, a 10K, half and full marathon, in conjunction with the Long Island Marathon, is scheduled for those ages 16 and older. Both events will be held at Eisenhower Park in East Meadow. The run was started in 2007 with just 25 runners and 220 people participated last year. From its inception, Legislator Nowick and Energy Gym owners Michael and Trevor Tucci and Michael Fox have supported Friends of Karen.

Friends of Karen is dedicated to providing financial, emotional and advocacy support to children with cancer or other serious illnesses and their families For more information about the organization or the Walk/Run please call 6310473-1768, ext. 303.

Legislator Lynne C. Nowick represents the 13th Legislative District, which includes Smithtown, Fort Salonga, Kings Park, San Remo, Nissequogue, Head of the Harbor, and St. James, as well as portions of Commack and East Northport. Legislator Nowick chairs the Parks and Recreation Committee and serves on the Economic Development and Energy and the Ways and Means Committees.