

**Thomas F. Barraga**  
Suffolk County Legislator  
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**FOR IMMEDIATE RELEASE:**  
**DATE:** August 24, 2010  
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**BARRAGA – NEWS FROM THE**  
**11<sup>TH</sup> DISTRICT**  
**BARRAGA ENCOURAGES SENIORS**  
**TO ATTEND FREE MEDICARE**  
**WORKSHOPS**

*West Islip, N.Y.* - Suffolk County Legislator Tom Barraga (R-West Islip) would like to encourage seniors in his district to learn more about Medicare by attending one of the following free informational workshops hosted by the Suffolk County Office for the Aging.

These free workshops will help seniors, caregivers, family members, and professionals understand the basics of Medicare, what benefits are covered and when to apply.

**Topics will also include:**

The difference between Medicare Parts A and B  
An overview of Supplemental and Advantage Plans  
The basics of Prescription Drug Plans and EPIC  
How Medicare works with other Health Insurance Coverage  
How to save money on Medicare costs

**Time and location information for workshops:**  
**Monday, September 13, 2010 – 12:00 PM**

West Islip Senior Nutrition Center  
90 Higbie Lane  
West Islip, New York 11795

**Tuesday, September 21, 2010 – 10:30 AM**

Adelante Senior Nutrition Center (River of Life Church)  
45 Pineaire Drive  
Bay Shore, New York 11706  
(Information presented in Spanish)

**Monday, November 15, 2010 – 1:00 PM**

Services & Advocacy for GLBT Elders (SAGE)  
34 Park Ave.  
Bay Shore, New York 11706

Seating is limited. For more information, or to register for one of these free workshops. Please call the Suffolk County Office for the Aging at 631-853-5802.