



News from Legislator Bridget Fleming

Second Legislative District

July 2016 Newsletter

Here's what Bridget's up to....

- Sponsored a Local law to identify and reserve tax default properties appropriate for siting community wastewater treatment systems (IR1564)
- Sponsored application for funding for the Village of Southampton Agawam Lake Stormwater Remediation Project
- Supported application for funding for the Nugent Carriage House Restoration
- Supported application for funding for the Stormwater recharge at Riverside Roundabout being progressed by Suffolk County Department of Public Works

Legislator Fleming marches in the Southampton Independence Day Parade with Governor Cuomo and other Public Officials



Photo: Governor Andrew Cuomo and Legislator Fleming (center)

On Monday, July 4th Legislator Fleming and Southampton Town elected officials turned out to march with Governor Andrew Cuomo. The parade was a huge success and the community really turned out. "It was great to celebrate the 4th with the governor," said Legislator Fleming. "It's no surprise that he was with us. First of all, everyone knows it's a great parade. But besides that, the East End is increasingly important to the Long Island economy." She also said that she was able to discuss some important issues with the Governor. "We talked about how important it is to get it right on the clean water initiatives and I told him that state funding has really been helpful in the county's full-court press effort."

Legislator Fleming joins Cornell Cooperative Extension in collaboration with John M. Marshall Elementary to Construct a Rain Garden



Legislator Fleming, teacher Danielle Schuster, and her 2nd grade class construct a rain garden

In keeping with her priority to promote water quality, Legislator Bridget Fleming joined Mark Cappellino from Cornell Cooperative Extension, Danielle Schuster, and her 2nd grade class at John M. Marshall Elementary School to construct a rain garden. Rain gardens are a simple way to reduce and filter storm water runoff, while increasing groundwater recharge. Rain gardens provide habitat for wildlife and with the proper plants, increase the number and diversity of birds and butterflies, which is a benefit for people who enjoy watching them. It provides an attractive and creative alternative to traditional lawn landscapes, which requires less maintenance because you do not need to mow, fertilize, or water once the garden has been established. Rain gardens are also a way to increase property value with creative landscaping designs. They are also a cheap way to reduce storm drain overload and flooding if adopted on a community or neighborhood scale.

Legislator Fleming Coordinates Tick Educational Meeting

On June 27, 2016 Legislator Fleming coordinated Tick educational meeting at Cornell Cooperative Extension's office located at 423 Griffing Avenue, Riverhead. The meeting was attended by county and community officials, wanting to get a handle on the tick epidemic in Suffolk County. During the meeting the group, which was comprised of Scott Campbell, Chief of Suffolk County Arthropod-Borne Disease Laboratory, Tom Iwanejko, Chief Environmental Analyst of Suffolk County Vector Control, Kelly-McGovern Grace, Health Services Public Relations Director, Karen Wulffraat of Southampton Hospital's Tick-Borne Disease Resource Center, and James Earl, of Peconic Bay Medical Center's Tick-Related Disease Center, worked together to coordinate efforts to educate county residents and visitors on being tick safe. At the meeting Legislator Fleming stressed the impacts that the tick outbreak has had on the East End's local economy and how important it is for the county to control its tick population. #TickSmart #TickSafe

Legislator Fleming Kicks off First Ever Tick-Borne Illness Poster Contest



Photo: Legislator Fleming (third from the right last row), April Boitano (center with the poster), and the staff and children of East Quogue summer camp

On Thursday, July 7th Legislator Fleming kicked off the first ever tick borne-illness poster contest. The poster contest is a part of the Legislator's campaign to bring more awareness to the issues of tick-borne diseases affecting the people of Suffolk County, particularly the East End. The contest is open to all summer camps in the Second Legislative District that want to participate, and was made possible by the collaboration of Southampton Hospital Tick- Borne Illness Resource Center's Karen Wulffraat, April Boitano, and Sponsor Brain Kelly of East End Tick and Mosquito Control. Prizes have been provided by Dicks Sporting Goods in Riverhead, Splish Splash, and the Regal Entertainment Group. Special thanks to Ronald Fisher, President of the Flanders Civic Association for his help with finding sponsors for the contest.

The contest focuses on three key areas (protect your body, protect your pets, and protect your yard). Participants will have to illustrate in their poster ways to protect themselves, pets and yard from ticks. All posters will be sent to Legislator Fleming's office where she will select a winner from each division. Campers that participate in the contest will also receive a certification of congratulations signed by Suffolk County Legislator Fleming.

Summer camps that are interested in the contest can contact Legislator Fleming's District office at 631-852-8400.

Bridget Fleming working for, and honoring the people of the East End



Legislator Fleming at the North Sea Fire Department's Annual Installation Dinner, where she thanked the brave men and women of the department that have served in the Armed Force and are now actively serving in the Fire Department. She presented all members with a veteran bar which will be worn on their class "A" uniform. Photo: Legislator Fleming and John Dunkirk.



Legislator Fleming at the Shelter Island Fire Department's Annual Installation Dinner presented Maurice Tuttle with a veteran service bar. She also presented him with a proclamation for his 65 years of service to the department. Mr. Tuttle is still an active member of the Shelter Island Department.



Legislator Fleming moderates the Long Island Transportation Summit with Assemblyman Fred Thiele, East Hampton Supervisor Larry Cantwell, Southampton Town Supervisor Jay Schneiderman and Suffolk County Deputy Commissioner of DPW Darnell Tyson. The Summit was organized by Suffolk County Planning Commission.



Legislator Fleming, Assemblyman Fred Thiele, and North Haven Mayor Jeff Sanders conducted a meeting with the residents of Bay Point, and North Haven to discuss possible designs to replace the metal guiderails on Long Beach Road (CR 60).

Tick Prevention

Ticks will remain active year-round (above 40 degrees Fahrenheit/4 degrees Celsius). Preventative measures should be used whenever tick exposure is likely. Here are some ways to protect yourself:

- Wear lightly colored clothing
- Wear long pants and sleeves
- Tuck your pants into your socks
- Tuck your shirt into your pants
- Use repellents as directed
- Walk along the center of trails
- Conduct frequent clothing checks
- Carefully inspect your body for ticks
- Keep pets away from tick infested areas and check them before entering the house
- Once home, dry clothing on the highest temperature setting for 10 minutes to kill ticks



Tick removal kits and information can be picked up at our District Office, located at 75 Washington Street in Sag Harbor, or by calling the Southampton Hospital Tick Borne Disease Resource Center at 631-726-TICK.

Bridget's Hurricane Checklist

Things to do before a Hurricane

- Check your Hurricane supply and restock
- Have an emergency contact list ready
- Close your windows, doors and Hurricane shutter
- If you don't have a hurricane shutter you can board your windows with plywood
- Unplug small appliances
- Fill your car's gas tank in case of an evacuation order
- Turn off propane tanks and gas supply lines
- Create a hurricane evacuation plan with members of your household. Planning and practicing your evacuation plan minimizes confusion and fear during the event

Recommended Hurricane Supplies

- A least a 3-day supply of food and water
- Flashlight with batteries
- Phone with charged and/or extra battery



- Any needed medication
- First Aid kit
- Battery or solar powered FM/AM radio

Safety

- Keep calm and obey any evacuation orders
- Avoid flooded roads and washed out bridges
- Find out about your community’s hurricane response plan. Plan routes to local shelters, register family members with special medical needs and make plans for your pets to be cared for

Legislator Fleming’s Summer Tips

Pedestrian Safety:

Follow the rules of the road and obey signs and signals

Walk on sidewalks whenever they are available

If there is no sidewalk, walk facing traffic and as far from traffic as possible. Cyclists should always ride with traffic and use hand signals when turning

Cross streets at crosswalks or intersections whenever possible

Keep alert at all times – don’t be distracted by electronic devices that take your eyes and ears off the road

Camping Safety and Tips:

Prepare safe food and water, don’t litter

Follow tick prevention tips

Stay away from wild animals at night

Wear bug repellent to avoid pesky mosquitos

Always wear sunblock to stay protected from intense summer rays



Legislator Fleming and the Suffolk County Water Authority’s One Easy Measure for Higher Water Pressure

Every spring and summer, water use spikes as residents and businesses begin watering for a great looking lawn. The problem is, many people activate automatic watering systems during the early morning hours, putting tremendous stress on the water system.

The Result?

A weak morning shower

You can do your part to ensure higher water pressure for everyone by **switching to an odd/even lawn water schedule**, which is actually better for your lawn than daily watering as it promotes deeper root growth. You'll not only have a better morning shower, but you'll help prevent costly infrastructure projects that would otherwise be needed.

So take this one easy measure for higher water pressure!

You can also join SCWA's East End Water Wise Club and qualify for an account credit of up to \$50 per customer account for the purchase of low flow showerheads and faucets and/or a rain sensor for your lawn watering system.

For more information, go to www.scwa.com/eastendwaterclub

Mosquito Prevention



An important part of mosquito control around your home is making sure that mosquitoes don't have a place to lay their eggs. Mosquitoes need standing water for two stages of their life cycle.

- Get rid of standing water in rain gutters, old tires, buckets, plastic covers, toys or any other container where mosquitoes can breed.
- Empty and change the water in bird baths, fountains, wading pools, rain barrels and potted plant trays at least once a week to eliminate potential mosquito habitats.
- Drain temporary pools of water or fill with dirt.
- Keep swimming pool water circulating and treated

COMMUNITY EVENTS



Tick Borne diseases are nearly 100% preventable! Train your eyes to be Tick Wise; learn how to avoid tick bites through tick awareness and safety education!

"This contest is open to all school-aged children attending summer camps in Suffolk County"

THE TOPIC TO BE ILLUSTRATED IS:

"The Big Three: protect your body, protect your pets, and protect your yard against ticks"

- ◆ Work with your camp counselors to design a poster
- ◆ How can you protect yourself, your pets and your yard against tick bites?

THE RULES:

- ◆ Clip art is allowable – however copyrighted cartoon, movie, or television characters are not allowed
- ◆ Although clip art and newspaper & magazine clippings are allowable, the poster should not be 100% computer generated
- ◆ Poster is not to exceed 11"x17"
- ◆ All mediums of art expression on a 2-dimensional poster are allowed: colored pencil, markers and paint (If you create something 3 dimensional like a clay or block sculpture please photograph it and include it in your poster as clip art)
- ◆ Posters will become property of the local sponsor

DEADLINE FOR ENTRIES:

- ◆ The posters must be received in our office no later than August 12, 2016
- ◆ Complete the application form and submit it taped to the **BACK** of your poster
- ◆ Submit your entries to the office of Legislator Bridget Fleming

JUDGING/PRIZES:

- ◆ The posters will be judged according to grade level, age or school depending on the number of prizes (please see application for prizes)
- ◆ Posters will be judged by Legislator Fleming according to:
 1. Safety message
 2. Visual appeal
 3. Thorough understanding of prevention illustrated and/or original ideas for preventing tick bite
- ◆ In addition to the prizes offered, finalists will receive a certificate of participation; the winners will be invited to a legislative meeting for a photograph with Legislator Fleming this coming fall

If your camp is interested in having a certified teacher come to your camp and educate your children, please contact NYS certified teacher Mrs. B "The Tick Lady" via email at by writing to: tickwise@yahoo.com

The Tick Wise tick safety education program is sponsored by Southampton Hospital Tick Resource Center and East End Tick and Mosquito Control

**Attorney General
Eric T. Schneiderman**

Presents:

**SMART
SENIORS
Don't Get Scammed!**

Learn How To Avoid Becoming a Victim of Scams and Financial Fraud:



- The Warning Signs
- Avoid Becoming A Victim
- Getting Help If You've Been Victimized

In Partnership With:

**Legislator
Bridget M. Fleming**

**Friday, July 22, 2016 at 11:30 AM
East Hampton Senior Center
128 Springs Fireplace Rd
East Hampton, NY 11937**

**Attorney General
Eric T. Schneiderman**

Presents:

**SMART
SENIORS
Don't Get Scammed!**

Learn How To Avoid Becoming a Victim of Scams and Financial Fraud:



- The Warning Signs
- Avoid Becoming A Victim
- Getting Help If You've Been Victimized

In Partnership With:

**Legislator
Bridget M. Fleming**

**Tuesday, August 2, 2016 at 11:15 AM
Hampton Bays Community Center
25 Ponquogue Ave
Hampton Bays, NY 11946**

**NARCAN
TRAINING
SESSION
& Rx DRUG
DISPOSAL**

Sponsored by:
**Legislator Bridget Fleming
In conjunction with
County Executive Steve Bellone
HUGS, Inc.
Sag Harbor Coalition
Sag Harbor Village Police
Suffolk County Dept. of Health Services
Suffolk County Sheriff's Office
Thomas' Hope**

WHEN:
August 9, 2016
6:30 P.M.

WHERE:
Sag Harbor Firehouse
1357 Brick Kiln Rd, Sag Harbor

RSVP:
Legislator Bridget Fleming's Office
631-852-8400
Paul.Brady@suffolkcountyny.gov

WHAT IS NARCAN?
Narcan is a drug that reverses the effects of heroin and other opiates.

WHY DOES THIS MATTER?

Suffolk County continues to battle an opiate and painkiller epidemic that has taken too many lives already. Within the first year that the county police carried Narcan, more than 50 lives were saved.

HOW CAN I HELP?

Come to this training session, which is open to anyone. You will be trained to react to an overdose and administer the drug that can save a life.

WHY NOT FLUSH Rx DRUGS IN TOILET?

Studies have shown Rx drugs are leaching from cesspools into our waterways.